

## SPINAL IMMOBILIZATION SUPINE

STEPS TO BE PERFORMED	ACTION/VERBAL RESPONSE	POINTS POSSIBLE	POINTS AWARDED
<b>* Takes appropriate body substance isolation precautions</b>	I will take appropriate BSI precautions.	<b>(1)</b>	
Directs assistant to place head in a neutral in-line position (if necessary)	I will direct my partner to place both hands on the patient's head and bring the head into neutral alignment with the spine.	<b>(1)</b>	
Directs assistant to maintain manual immobilization of the head & neck	I will direct my partner to maintain manual stabilization of the head and neck and do not let go until I tell you to.	<b>(1)</b>	
<b>* Assess distal circulation, sensation and motor function in all four extremities</b>	I will assess the status of circulation, sensation and motor function in all four extremities.	<b>(1)</b>	
Applies an appropriate size cervical collar	I will apply an appropriate size cervical collar and confirm fit.	<b>(1)</b>	
Properly positions the backboard alongside the patient	I will place the backboard as close to the patient as possible (ensuring that the head is aligned with the top of the board).	<b>(1)</b>	
Directs the movement of the patient onto the board without compromising the integrity of the spine	On the count of three we are going to roll the patient onto his/her side and on another count of three, carefully roll the patient back down onto the board. (The person at the head will perform the count)	<b>(1)</b>	
Evaluates position of patient's head and pads the head as appropriate	I will check that the head is properly positioned on the board and will place a pad behind the head for comfort.	<b>(1)</b>	
Fills the voids between the torso and the board as necessary	I will use appropriate padding to place beneath the lower back for comfort.	<b>(1)</b>	
Secures the patient's torso to the device	I will secure the patient's torso and pelvis to the board using the available straps.	<b>(1)</b>	
Secures the patient's head to the device	I will secure the patient's head to the board using the available head blocks and straps.	<b>(1)</b>	
Secures the patient's legs to the device	I will secure the patient's legs to the board using the available straps.	<b>(1)</b>	
Secures the patient's arms to the device	I will secure the patient's arms to ensure they remain close to the body during transport.	<b>(1)</b>	
<b>* Reassess distal circulation, sensation and motor function in all four extremities</b>	I will reassess the status of circulation, sensation and motor function in all four extremities.	<b>(1)</b>	

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SUPINE

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<b>* = CRITICAL CRITERIA</b> <b>(Must Perform to Pass)</b>	<b>POINTS POSSIBLE: 14</b> <b>MINIMUM PASSING SCORE (80%): 11</b>
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Date: \_\_\_\_\_

Student Name: \_\_\_\_\_

Student Evaluator: \_\_\_\_\_

Instructor: \_\_\_\_\_

**Critical Criteria**

- \_\_\_\_\_ **Did not take or verbalize body substance isolation precautions**
- \_\_\_\_\_ **Releases or orders the release of manual stabilization before patient was secured to the board**
- \_\_\_\_\_ **Patient was manipulated or moved excessively, causing potential spinal compromise**
- \_\_\_\_\_ **Patient moves excessively up, down, left, or right on the device**
- \_\_\_\_\_ **Head immobilization allows for excessive movement**
- \_\_\_\_\_ **Upon completion of immobilization, head is not in a neutral in-line position**
- \_\_\_\_\_ **Did not assess/reassess circulation, sensation and motor function of all extremities**
- \_\_\_\_\_ **Immobilized head to the board before securing torso**