

VITAL SIGNS

STEPS TO BE PERFORMED	ACTION/VERBAL RESPONSE	POINTS POSSIBLE	POINTS AWARDED
* Takes appropriate body substance isolation precautions	I will take appropriate BSI precautions.	(1)	

Blood Pressure by AUSCULTATION			
Applies proper size cuff to extremity	I will apply the proper size cuff above the arterial point.	(1)	
Palpates arterial point distal to cuff and applies stethoscope diaphragm to arterial point	I will locate an arterial point distal to the cuff. I will place the diaphragm of the stethoscope on the arterial point.	(1)	
Inflates cuff to above level of top Korotkoff sound	I will inflate the cuff above the Korotkoff sound.	(1)	
SLOWLY releases air at 2-4 mmHg per heartbeat	I will slowly release the cuff pressure.	(1)	
*Accurately identifies systolic and diastolic Korotkoff points (checked by examiner)	I will identify the systolic and diastolic pressures.	(1)	
Records result (checked against examiners)	I will record results.	(1)	
Verbalizes results	I will verbalize the results.	(1)	

VITAL SIGNS

Blood Pressure by PALPATION			
Applies proper size cuff to extremity	I will apply the proper size cuff above the arterial point.	(1)	
Palpates arterial point distal to cuff	I will locate and palpate an arterial point distal to the cuff.	(1)	
Inflates cuff to above loss of pulse	I will inflate the cuff until the pulse is lost.	(1)	
SLOWLY releases air until palpation of arterial pulse possible	I will slowly release air until pulse returns.	(1)	
*Accurately identifies systolic pressure (checked against BP obtained by examiner)	I will identify the systolic pressure.	(1)	
Records result	I will record results.	(1)	
Verbalizes results	I will verbalize the results.	(1)	

Pulse			
Palpates arterial point	I will palpate an arterial pulse point.	(1)	
*Appropriately calculates heart rate	I will appropriately calculate the heart rate.	(1)	
Records pulse rate (checked by examiner)	I will record results including rate and quality.	(1)	
Verbalizes results	I will verbalize the results.	(1)	

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Respirations			
*Appropriately calculates respirations	I will appropriately calculate respirations.	(1)	
Records respiration rate (checked by examiner)	I will record results including rate and quality.	(1)	
Verbalizes results	I will verbalize the results.	(1)	

* = CRITICAL CRITERIA (Must Perform to Pass)	POINTS POSSIBLE: 22 MINIMUM PASSING SCORE (80%): 18	
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Date: _____

Student Name: _____

Student Evaluator: _____

Instructor: _____

Critical Criteria

- ___ Did not take body substance isolation precautions
- ___ Did not accurately identify systolic and diastolic points (Auscultation)
- ___ Did not accurately identify systolic pressure (Palpation)
- ___ Did not appropriately calculate heart rate (Pulse)
- ___ Did not appropriately calculate respirations