

The Well-Being of the EMT-Basic

<p>Body Substance Isolation</p> <ul style="list-style-type: none"> • Protects EMT-B <i>and</i> patient • Assume all body substances are infectious • Procedures set by OSHA and local policy 	
<p>Infectious Disease Prevention</p> <ul style="list-style-type: none"> • Written exposure control plan • Preventive vaccines • Immune status verification (titer) • Testing (tuberculin PPD) 	
<p>HIV</p> <ul style="list-style-type: none"> • Infection that causes AIDS • Currently has no vaccine • Not easily transmitted in work setting • Can be transmitted to a rescuer from a contaminated needle • Wide range of symptoms from opportunistic infections as immune system fails • Blood borne <ul style="list-style-type: none"> ▪ Protection from infection involves adherence to body substance isolation precautions ▪ Extremely fragile virus ▪ Antiviral medications reduce risk of contracting disease if started immediately 	
<p>Hepatitis</p> <ul style="list-style-type: none"> • Hepatitis results in inflammation of the liver 	

The Well-Being of the EMT-Basic

<ul style="list-style-type: none"> • Request duty assignment to a less busy area 	
<p>Stress: Reactions of Family and Friends</p>	
<ul style="list-style-type: none"> • Lack of understanding • Fear (of separation, being ignored) • Stress (caused by on-call situations) • Frustration (wanting to share) 	
<p>Critical Incident Stress Debriefing (CISD)</p>	
<ul style="list-style-type: none"> • Within 24-72 hours post-incident • Open discussion (feelings, fears, reactions) • All information confidential • Not an investigation or interrogation • CISD team offers suggestions on overcoming stress 	
<p>Death and Dying</p>	
<ul style="list-style-type: none"> • Physical Signs of Death <ul style="list-style-type: none"> ▪ Absence of circulatory and respiratory function • Definitive Signs of Death <ul style="list-style-type: none"> ▪ Obvious mortal injury ▪ Dependent lividity ▪ Rigor mortis ▪ Decomposition of the body 	
<p>Scene Safety Golden Rule</p>	

