

**SPINAL IMMOBILIZATION  
SEATED**

STEPS TO BE PERFORMED	ACTION/VERBAL RESPONSE	POINTS POSSIBLE	POINTS AWARDED
* Takes or verbalizes appropriate body substance isolation precautions	I will take appropriate BSI precautions.	(1)	

Directs assistant to place head in a neutral in-line position (if necessary).	I will direct my partner to place both hands on the patient's head and bring the head into neutral alignment with the spine.	(1)	
Directs assistant to maintain manual immobilization of the head & neck.	I will direct my partner to maintain manual stabilization of the head and neck and do not let go until I tell you to.	(1)	
* Assess distal circulation, sensation and motor function in all four extremities.	I will assess the status of circulation, sensation and motor function in all four extremities.	(1)	
Applies an appropriate size cervical collar.	I will apply an appropriate size cervical collar and confirm fit.	(1)	
Properly positions the device behind the patient.	I will direct the patient to lean forward as I place the device behind the patient ensuring that the device is tight up under the patient's armpits.	(1)	
Secure the device to the patient's torso.	I will connect the bottom two torso straps tight enough to hold the device in place. (do not cinch straps at this time)	(1)	
Evaluates proper fit of device and adjusts as necessary.	I will double check the fit by ensuring device is snug up against the patient's armpits.	(1)	
Secures leg straps of the device.	I will secure both leg straps and cinch up tight.	(1)	
Evaluates for need and pads behind patient's head as necessary.	I will place the necessary padding behind the patient's head to fill any void as appropriate.	(1)	
Secures the patient's head to the device.	I will secure the patient's head to the device using the available head and chin straps.	(1)	
Secures top torso strap.	I will secure the top torso strap and cinch all three straps prior to extrication.	(1)	
Verbalizes extricating patient and placement on a long board.	I will ask my partner to assist me in moving the patient onto the backboard. Once on the backboard I will loosen the leg straps and secure the patient to the board prior to transport.	(1)	
* Reassess distal circulation, sensation and motor function in all four extremities.	I will reassess the status of circulation, sensation and motor function in all four extremities.	(1)	

* = CRITICAL CRITERIA (Must Perform to Pass)	POINTS POSSIBLE: 14 MINIMUM PASSING SCORE (80% ): 11
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## **SPINAL IMMOBILIZATION SEATED**

Date: \_\_\_\_\_

Student's Name: \_\_\_\_\_

Evaluator's Name: \_\_\_\_\_

### **Critical Criteria**

- Did not take or verbalize body substance isolation precautions.**
- Allows release of manual stabilization before head was secured to the device.**
- Patient was manipulated or moved excessively, causing potential spinal compromise.**
- Device moves excessively once secured to the patient's torso.**
- Head immobilization allows for excessive movement.**
- Torso fixation inhibits chest rise resulting in respiratory compromise.**
- Upon completion of immobilization, head is not in a neutral in-line position.**
- Did not assess/reassess circulation, sensation and motor function of extremities.**
- Head secured to device prior to torso.**