

Course Fact Sheet
CISM: Critical Incident Stress Management
Advanced Group Crisis Intervention

Instructor:	Office Location and Hours:
Patricia L. Tritt, RN, MA 303 788-6236 Patricia.Tritt@HealthONEcares.com	333 W Hampden Ave, Suite #200 Englewood, CO 80110 7:30 AM – 5:00 PM M - F

Course Description:

The Advanced Group Crisis Intervention training program is designed to provide participants with the latest information on critical incident stress management techniques and post-trauma syndromes. This program emphasizes a broadening of the knowledge base concerning critical incident stress interventions and Post Traumatic Stress Disorder. Specific strategies to intervene with those suffering the ill effects of exposure to trauma are reviewed and defusings and debriefings in complex situations are emphasized. Group Crisis Intervention is a prerequisite.

Objectives:

At the completion of this course the participant will be able to:

1. Discuss key crisis intervention concepts.
2. Participate in a CISM simulation and comment on the process.
3. Discuss the theoretical basis for CISM.
4. Discuss research evidence regarding CISM.
5. Discuss the pathological consequences of traumatic stress.
6. Identify at least 4 common problems that may be encountered when providing CISM interventions
7. Describe key concepts in managing difficult interventions: multiple event CISD, significantly delayed interventions, line of duty death.
8. Describe special considerations in crisis intervention during and following disaster situations.
9. Identify differences in working with children in crisis.
10. Describe special considerations in providing support following coworker suicide.
11. Contrast reactions to acutely stressful situations and grief and loss reactions.

Prerequisite: CISM: Group training is a prerequisite for all participants.

CEUs: 14

Required materials:

Course workbook will be provided at the class.

Evaluation:

Graded Events	Grading Scale
Role plays and intervention simulations	Appropriate participation in all assignments

Course Schedule

Time	Topic
	Day One
8 AM –12 N	Introductions Crisis intervention concepts Critical incident stress debriefing Exercise
1 PM – 4:30 PM	Critical incident stress debriefing (continued) Exercise Mechanism of action: Why CISD works Research and outcome CISD/CISM Critical incident stress debriefing (continued)
	Day Two
8 AM – 12 N	Post traumatic stress syndromes Most difficult CISM interventions Exercise
1 PM – 4:30 PM	Potpourri Exercise Caselets